



SOWTON

STARTERS

- Home made soup of the day (GF) – 5.95
- Salt and pepper squid – sweet chilli dipping sauce – 6.25
- BBQ ribs - slaw and salad leaves – 5.95
- Garlic mushrooms – in a creamy white wine and tarragon sauce served on toast – 5.50
- Boxed baked camembert – rosemary and garlic baked camembert served with red onion marmalade and rustic bread for two (GF) – 10.95
- Beer battered king prawns – served with cucumber and chilli sauce – 6.25

MAINS

- Cheese and bacon burger – with red onion chutney (GF) – 10.95
- Jerk chicken breast burger – served with chips red slaw and a sweet chilli mayonnaise (GF) – 12.95
- Falafel and spinach burger – served with chips sweet chilli mayonnaise and red slaw(V) – 11.95
- *served in a toasted brioche bun with little gem lettuce tomato chunky chips*
- Fish and chips (GF) – Cornish catch of the day served grilled or in a Wadworth beer batter with chips, mushy peas and tartare sauce – 11.95
- Bangers and mash – served with red cabbage and red wine gravy – 10.50
- Sun blushed tomato, asparagus and sweet pea risotto (V) (GF) – 9.95
- Pie of the day – with your choice of mash or chips and seasonal greens – 12.95
- Curry of the day served with rice, mango chutney and poppadum -10.25
- Whole or half rack of BBQ ribs (GF) – served with sweet potato fries, corn on the cob and red slaw – 15.95/10.95
- Scampi, chips and peas served with lemon wedge and tartare sauce -9.95
- Ham, double egg and chips -9.95
- Lasagne or veg Lasagne served with salad and chips or Garlic bread -10.95
- Hunters chicken – chicken breast smothered in bacon cheese and BBQ sauce served with Mash and peas or chips and salad - £10.95
- Hereford/Angus 10oz rump steak (GF) served with tomato, mushroom, chips and salad – 17.95
- Sauces; Red wine jus, peppercorn, blue cheese and mushroom.*

FRESHLY MADE CIABATTA

SERVED FROM 12.PM TILL 2:30PM...

Somerset brie, bacon and cranberry sauce – 5.95

Traditional BLT – 7.25

Jerk chicken and bacon melt – 7.25

Mature Cheddar with red onion chutney (V) – 5.50

Mozzarella, sun-blushed tomato and pesto (v) – 6.50

Hot beef and fried red onion – 7.25

ADD CHIPS OR SWEET POTATO FRIES WITH YOUR CIABATTA FOR £1.50

SALADS

Jerk chicken salad dressed with balsamic glaze -10.25

Classic Ceaser salad with rustic bread -10.95